

LOS ANGELES UNIFIED SCHOOL DISTRICT
Office of the Chief Operating Officer



Ramon C. Cortines
Superintendent of Schools

David R. Holmquist
Chief Operating Officer

June 10, 2009

Dear LAUSD Employee:

In this period of economic crisis, budget constraints and reorganizations, uncertainty is a part of daily life for us all. Therefore, I want to be sure that you are aware of a number of resources available to District employees to assist you in coping with this uncertainty.

The District's Employee Assistance Program (EAP) offers confidential assistance to all District employees and their families in many areas of concern, including: financial and legal consultation (initial consultation at no cost), short-term counseling services (three sessions at no cost), and referral for assistance with such issues as emotional concerns, parenting and family issues, and child or elder care.

You can contact the EAP 24 hours every day, by telephone or the internet, for information and referral to services. You can access the EAP by calling the toll-free number: 866-312-3077 and choosing the "member" option, by visiting the EAP website at www.liveandworkwell.com; access code: LAUSD or through the LAUSD Benefits Administration homepage at <http://benefits.lausd.net>. All contact with the EAP remains strictly confidential in accordance with state and federal laws.

The EAP website has recently been enhanced to include the Workforces in Transition Help Center. This center provides information, articles and links to other resources for employees and also for managers and supervisors who are responsible for assisting their employees through this time of change.

In addition, if you are currently receiving health care benefits through LAUSD, you are covered by your health care provider for a variety of services designed to assist you in maintaining your well being. You can access your health plan benefits by contacting your provider, through your primary care physician, member services or the health care provider website. Contact numbers and website addresses are listed below.

Anthem Blue Cross members: 800-700-3739 or www.anthem.com/ca

Health Net members: 800-654-9821 or www.healthnet.com/lausd

Kaiser members: 800-464-4000 or www.kp.org/ca

Again, I am very aware that this is a difficult time for everyone. I want you to know that, should you need it, assistance is available to you through these programs.

Sincerely,

David Holmquist
Chief Operating Officer